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**Inhibition of circRTN4 attenuates myocardial ischemia/reperfusion injury via the miR-185-5p/PHLPP2 axis**

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Keyword:	myocardial ischemia, reperfusion injury, circRTN4, miR-185, PHLPP2
Abstract:	<p><b>Introduction:</b>      Myocardial ischemia-reperfusion injury (MIRI) occurs in the heart muscle when the blood supply is temporarily interrupted and restored. The oxidative stress and inflammatory response induced during the ischemia phase is exacerbated during the reperfusion duration, while reperfusion is necessary to maintain the normal function of the heart and all other organs. Limited studies have been conducted to understand how circRNAs regulate miRNA during ischemia-reperfusion injury.</p> <p>In this study, we hypothesize that inhibition of circRTN4 attenuates the oxidative stress, and inflammatory responses in heart tissue via the miR-185-PHLPP2 axis.</p> <p><b>Methods:</b>      We applied both <i>in vivo</i> and <i>in vitro</i> models: oxygen-glucose deprivation/reperfusion (OGD/R) model in HL-1 cells and MIRI in mice, with or without transfection of si-circRTN4, miR-185 inhibitor, and PHLPP2 ORF-clone.</p> <p><b>Results:</b>      After OGD/R induction, decreased cellular viability was noticed in HL-1 cells while inhibiting the expression of circRTN4, attenuating the injury. Similarly, the increased inflammatory cytokines: TNF<math>\alpha</math>, IL-1<math>\beta</math>, and IL-18, and oxidative stress (ROS and MDA), and decreased trends were noticed in anti-oxidative stress marker: SOD, and anti-inflammatory cytokine: IL-10, were noticed in HL-1 cells after OGD/R. Silencing of circRTN4 attenuated the oxidative stress and pyroptosis induced by OGD/R. Moreover, knocking down the miR-185 or PHLPP2 overexpression diminished the protection effects from circRTN4 silencing. Similar dysregulation trends were observed in mice MIRI model. Our results provide a novel insight into the molecular mechanism involved in MIRI that inhibition of circRTN4 attenuates the heart tissue injury via the miR-185-PHLPP2 axis.</p>

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# Inhibition of circRTN4 attenuates myocardial ischemia/reperfusion injury via the miR-185-5p/PHLPP2 axis

**Running title:** CircRTN4 aggravates MI/R injury

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## Abstract

### Introduction:

Myocardial ischemia-reperfusion injury (MIRI) occurs in the heart muscle when the blood supply is temporarily interrupted and restored. The oxidative stress and inflammatory response induced during the ischemia phase is exacerbated during the reperfusion duration, while reperfusion is necessary to maintain the normal function of the heart and all other organs. Limited studies have been conducted to understand how circRNAs regulate miRNA during ischemia-reperfusion injury. In this study, we hypothesize that inhibition of circRTN4 attenuates the oxidative stress, and inflammatory responses in heart tissue via the miR-185-PHLPP2 axis.

### Methods:

We applied both in vivo and in vitro models: oxygen-glucose deprivation/reperfusion (OGD/R) model in HL-1 cells and MIRI in mice, with or without transfection of si-circRTN4, miR-185 inhibitor, and PHLPP2 ORF-clone.

### Results:

After OGD/R induction, decreased cellular viability was noticed in HL-1 cells while inhibiting the expression of circRTN4, attenuating the injury. Similarly, the increased inflammatory cytokines: TNF $\alpha$ , IL-1 $\beta$ , and IL-18, and oxidative stress (ROS and MDA), and decreased trends were noticed in anti-oxidative stress marker: SOD, and anti-inflammatory cytokine: IL-10, were noticed in HL-1 cells after OGD/R. Silencing of circRTN4 attenuated the oxidative stress and pyroptosis induced by OGD/R. Moreover, knocking down the miR-185 or PHLPP2 overexpression diminished the protection effects from circRTN4 silencing. Similar dysregulation trends were observed in mice MIRI model.

### Conclusion:

Our results provide a novel insight into the molecular mechanism involved in MIRI that inhibition of circRTN4 attenuates the heart tissue injury via the miR-185-PHLPP2 axis. More studies are

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3 needed to fully understand the translation value of circRTN4 in preventing MIRI associated tissue  
4 damage.  
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6 **Keywords:** myocardial ischemia/reperfusion injury, circRTN4, miR-185, PHLPP2  
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For Peer Review

**Introduction:**

Myocardial ischemia-reperfusion injury (MIRI) is a complex phenomenon that occurs in the cardiovascular with temporary blockage in blood vessels and then subsequently resolved (1). Usually, MIRI contains both ischemia and reperfusion phases, which ischemia induced by blood vessel blockage results in oxygen and nutrition reduction supplied by the blood (2). After resolving blood blockage, reperfusion occurs, which is necessary in rescuing the heart while also inducing heart damage and exacerbating the inflammation caused during the ischemia (3). Underlying MIRI, oxidative stress, and inflammation are the major molecular mechanisms discovered currently, and new insights into how molecular regulation can help prevent MIRI's post damage.

Circular RNA (circRNA) is one type of noncoding RNA with a closed-loop structure that helps enhance stability and prevent degradation from Rnase (4). CircRTN4, or circular RNA RTN4, is one type of circRNAs that regulate miRNA expression in different disease models. It has been proved that CircRTN4 promoted pancreatic cancer development through miR-497 regulated epithelial-mesenchymal transition (5). CircRTN4 also regulated the expression of miR-24 in promoting neurite growth (6). Another report also indicated that CircRTN4 delivered by mesenchymal stem cell secreted exosome helps to prevent the LPS induced inflammation and apoptosis in cardiomyocytes through miR-497-5p/MG53 axis (7). However, no study focused on the role of CircRTN4 in MIRI. It is well known that circRNA contains lots of miRNA binding sites, which can inhibit multiple miRNAs for regulating the downstream pathway (8).

Multiple circRNAs have shown correlations with MIRI by regulating miRNA and its downstream pathways. CircHIPK3 inhibited the expression of miR-124 and exacerbated the cellular cytotoxicity of myocardial cells after oxygen deprivation (9). Regulated miR-302a by circDdx60 also helped to prevent apoptosis in mouse cardiomyocytes (10). Another circRNA, CircNNT, helped to exaggerate the inflammation and apoptosis after MIRI (11). Although studies have focused on the role of circRNAs on MIRI, no study directly investigated how circRTN4 regulated the process of MIRI. Another miRNA, miR-185, positively prevented inflammation and oxidative stress during MIRI (12). Currently, no study focuses on the interaction between circRTN4 and miR-185 in preventing MIRI.

In this manuscript, we proposed to understand the role of circRTN4 in regulating the miR-185/PHLPP2 axis during MIRI-associated heart injury. A low level of miR-185 has been found after myocardial ischemia (13), and we propose that inhibiting the expression level of circRTN4 helps to restore the transcript level of miR-185, hence preventing the MIRI.

**Method:****Animal model and MIRI establishment**

All female C57BL/6 mice around 6-8 weeks old were purchased from Slack Laboratory Animal Co., Ltd. (Shanghai, China) and kept in animal vivarium with 12-h light/dark cycle at steady temperature and humidity for 1 week before the experiment. Six mice were used for each experimental group: Control, I/R, I/R+sh-NC, and I/R+sh-circRTN4. Before the myocardial

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3 ischemia and reperfusion surgery, mice were anesthetized by 2% isoflurane with 98% oxygen.  
4 The ischemia procedure was induced by ligation of the left anterior descending artery (LAD)  
5 with a suture for 30 mins followed by reperfusion for 24 hrs as described in a previous  
6 publication (14). Customized sh-circRTN4 vector (15) mixed with Lipofectamine 3000  
7 transfection reagent (Cat#: L3000150, ThermoFisher) was injected into the heart tissue before the  
8 surgery and allowed 3 days for transfection. After 24 hrs reperfusion, mice were sacrificed by  
9 overdosing of ketamine/xylazine and performed cervical dislocation, blood and heart tissues  
10 were collected for further analysis. Experimental protocol applied in this study was approved by  
11 the Animal Ethics Committee of the First People's Hospital of Taizhou. The study is reported in  
12 accordance with ARRIVE guidelines (<https://arriveguidelines.org>).  
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### 15 **Cell culture and treatment**

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17 Mouse cardiac muscle cell line (HL-1) was purchased from EMD Millipore (Cat#:  
18 SCC065), and maintained in claycomb medium (Cat#: 51800C, Sigma) with 2mM L-glutamine,  
19 1x penicillin-streptomycin, 100μM norepinephrine, and 10% FBS at 37°C with 5% CO<sub>2</sub> and 95%  
20 humidity. To establish the ischemia injury, OGD/R model was used as *in vitro* model: cells were  
21 washed with PBS, and then incubated with glucose-free DMEM (pre-incubate at 95% N<sub>2</sub>, 5%CO<sub>2</sub>  
22 for 30mins to achieve oxygen and glucose deprivation. Then, cells were collected for further  
23 analysis. Overexpression of PHLPP2 was achieved by transfecting viral-particle packed with  
24 plasmids with PHLPP2-ORF-clone (Cat#: MR219729L3V, Origene) at 10 MOI. Transfection was  
25 conducted based on the manufacturer's protocol for 4 hrs and cells were recovered overnight.  
26 Circular RTN4 and miR-185 inhibitor and miR-185 mimic were purchased from IDT genes and  
27 transfected into cells by Lipofectamine 3000 (Cat#: L3000150, ThermoFisher) per the  
28 manufacturer's protocol. After transfection, cells were incubated for 24 hrs for recovery, and then  
29 used for OGD/R model establishment and further analysis.  
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### 32 **Cell viability measurement.**

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34 CCK8 kit was purchased from Abcam (Cat#: Ab228554) to measure cellular viability. Briefly,  
35 WST-8 (2-[2-methoxy-4-nitrophenyl]-3-[4-nitrophenyl]-5-[2,4-disulfophenyl]-2H-tetrazolium )  
36 solution was added to the cells after treatment and incubated for 45 mins, and the absorbance at  
37 OD460 was measured. Blank wells were used as negative control.  
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### 40 **RNA isolation and qRT-PCR**

41 Heart tissue or cells were lysed in QIAzol reagent (Cat#: 79306, Qiagen) for 30 mins and  
42 then mixed with chloroform for 15 s. The mixture was centrifuged at 20000 g for 30 mins at 4°C.  
43 The aqueous phase was collected and mixed thoroughly with isopropanol for 2 hrs at -20 °C. Then,  
44 the mixtures were spun down at 15,000 g for 30 min at 4 °C, and washed with 75% EtOH once.  
45 The samples were centrifuged at 20000 × g for 30 min at 4 °C, and then removed the EtOH. RNA  
46 pellets were resuspended by 50μl of RNase-free water. RNA concentrations were quantified by  
47 Nano-drop spectrophotometer (ND-1000, NanoDrop Technologies). Total 200 ng RNA was  
48 prepared for each sample for qRT-PCR analysis. First, RNA was applied to reverse transcription  
49 (RT) by TaqMan™ Reverse Transcription Reagents (Cat# N8080234, ThermoFisher) and  
50 quantitative real-time PCR (qPCR) based on TaqMan™ Fast Advanced Master Mix for qPCR  
51 (Cat#: 4444557, ThermoFisher). PHLPP2 (Assay ID: Mm01244270\_m1, ThermoFisher) was  
52 purchased, and circRTN4 probes were customized from the thermofisher. GAPDH (Assay ID:  
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Mm99999915\_g1, ThermoFisher) was used as housekeeping control for PHLPP2 and circRTN4. The primer and probe for MiR-185-5p (assayID: Mm04238131\_s1, ThermoFisher) and snoRNA135 (assay ID: 001230, ThermoFisher) were applied in both RT and qPCR, and snoRNA135 was used as endogenous control for normalization of miR-185. For reverse transcription, the mixture was incubated at 16°C for 30mins, then 42°C for 30mins, and the reaction was stopped for 5 mins at 85 °C. The samples were kept at 4°C for qPCR. For qPCR, the mixtures were incubated at 50°C for 2 mins, and 95°C for 10 mins, then 40 cycles of 95°C for 10 s, and 60 °C for 1 min, and fluorescence intensity was checked at the end of 60°C incubation duration, for 40 times. The change fold was calculated by  $2^{-\Delta\Delta Ct}$  method.

### Protein isolation and Western blot

Snap-frozen heart tissue or cells were lysed in RIPA buffer with a protease inhibitor. Protein concentrations were measured by Pierce BCA Assay Kit (Cat#: 23227, Thermo Fisher Scientific). Total protein (15 µg) was used for immune-blotting. Proteins were separated by 10 % sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS-PAGE), and then transferred to a nitrocellulose membrane by 100V, 1hr, at 4°C. Then, the membrane was blocked by 5% BSA, prepared in Tris-buffered saline containing 0.1% Tween 20 (TBS-T) 1 hr at room temperature. The membranes were incubated with primary antibodies: anti- NLRP3 (1: 1000, ab263899, Abcam), anti-caspase 1 (1:1000, ab179515, Abcam), IL-1 $\beta$  (1:1000, ab315084, Abcam), anti-GSDMD-N (1:1000, PA5-116815, ThermoFisher) overnight at 4°C. The next day, membranes were washed and incubated with secondary antibody (goat-anti-rabbit, 1:10000, #1706515, BioRad) for 1 hr at room temperature. Then, membranes were developed by Pierce ECL Western Blotting Substrate (Cat#: 32106, ThermoFisher Scientific), and detected by Bio-Rad ChemiDoc MP imaging system.

### Measurement of ROS

The level of ROS was measured by the treatment with H<sub>2</sub>DCF-DA kit purchased from Abcam (ab113851) based on the manufacturer's protocol. Briefly, cells were incubated with DCFDA reagent for 45 mins at 37°C in dark, and then the fluorescent intensity was measured at Excitation/Emission of 485/535 by a plate reader.

### Measurement of MDA and SOD

The MDA assay kit (Cat: ab118970, Abcam) was used based on the protocol to measure the level of MDA. First, the MDA-TBA adduct was added to the sample mixture with the developer VII/TBA at 95°C for 60 mins. The mixture was used directly to measure the expression level of MDA at OD532. The SOD assay kit (Cat: ab211096, Abcam) was used to measure the level of SOD. After the treatment, cells were washed with PBS 2 times and then incubated with  $\beta$ -Galactosidase at 37°C for 10 mins in dark. The substrate solution was added to the mixtures, and incubated for 30 mins at 37°C. After incubation, sodium developer was added to each well. The absorbance was detected at the wavelength of 405 nm.

### ELISA

The cell culture supernatant and serum from mice were centrifuged at 1000 g for 5 mins. The cytokine levels of TNF- $\alpha$  (Cat#MTA00B), IL-1 $\beta$  (Cat#MLB00C), and IL-18 (Cat#DY7625)

were measured from the supernatant by ELISA kit purchased from R&D system Inc, following the manufacturer's protocol. Blank wells served as negative controls.

#### 6 Luciferase assay

7 The luciferase reporter containing circRTN4 and PHLPP2 plasmids were transfected into  
8 the cells one day before the experiment. Then, cells were transfected with miR-185 and miR-NC  
9 for 4 hrs. Luciferase assay solution (Cat#: ab228530, Abcam) was added to the cells and incubated  
10 for 20 mins at room temperature. The luminescence intensity was recorded by the luminometer.  
11 Blank wells were used to normalize the results and used as the background luminescence intensity  
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13 **H&E staining**

14 Sections (5 $\mu$ m) prepared from formalin fixed heart tissue was deparaffinized by xylene  
15 and rehydrated by 100%, 90%, 75% EtOH, and water. Then, sections were stained with  
16 hematoxylin for 1 min and rinsed with water for 5 mins. Sections were blued with 0.1% ammonia-  
17 water for 10 s, followed by washing with water for 10 mins. The sections were incubated with  
18 95% EtOH for 2 mins and stained with Eosin for 1 min. Then the slides were dehydrated by EtOH  
19 and xylene, and then mounted for microscopy imaging.

#### 20 Creatine kinase (CK-MB) measurement

21 The CK-MB test was conducted based on the ELISA kit purchased from Abcam  
22 (ab285231). The samples were added to the wells and incubated for 1.5 hrs at 37°C. Then, the  
23 samples were incubated with biotin-detection antibody for 1hr at 37°C. The plates were then  
24 incubated with SABC solution for 30 mins at 37°C. Finally, the plate was developed with TMB  
25 substrate for 20 mins at 37°C in dark, and the plate was read at OD450.

#### 26 LDH measurements

27 Mouse serum was used to measure the LDH level by LDH assay kit (Cat# ab102526,  
28 abcam). Serum samples were added to the wells and mixed with LDH assay buffer and substrate.  
29 The plates were incubated at 37°C for 30 mins and the plate was read at OD450.

#### 30 Statistical analysis:

31 All experiments were independently performed at least three times. Data was presented as  
32 mean $\pm$ SD. All the significant difference was calculated by one-way ANOVA with Tukey post hoc  
33 comparison or student's t-test via GraphPad Prism software (V.10.0). p<0.05 was considered as  
34 significant.

#### 35 Results:

#### 36 **Inhibiting the circRTN4 level restored the cell viability and reduced the ROS level in HL-1 37 cells after OGD/R**

38 HL-1 cells were deprived of oxygen and glucose as an *in vitro* ischemia model. After  
39 OGD/R treatment, HL-1 cells showed higher level of circRTN4 compared to the control group  
40 (Fig 1A). After transfection of si-circRTN4 into the HL-1 cells, the induction of circRTN4 gene  
41 expression after OGD/R was inhibited in the OGD/R+si-circRTN4 group compared to the OGD/R  
42 group (Fig 1B). Besides the gene level of circRTN4, cellular proliferation was inhibited after  
43 OGD/R as well, while inhibiting circRTN4 showed recovery in cell viability compared to the  
44 OGD/R group (Fig 1C). Agreed with inhibited cellular proliferation, treatment of OGD/R showed  
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3 increased oxidative stress compared to the control group, while transfection of si-circRTN4  
4 showed less oxidative than the OGD/R-only group (Fig 1D). The level of SOD showed decreased  
5 after treatment of OGD/R and recovered after silencing of circRTN4, while the level of MDA was  
6 opposed to SOD under individual group (Fig 1E).  
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### 9 Suppression of the circRTN4 alleviates OGD/R-induced pyroptosis in HL-1 cells. 10

11 The decreased cell viability of HL-1 cells induced by OGD/R was inhibited by suppression  
12 of circRTN4 (Fig 1), and the oxidative stress and inflammatory response caused by OGD/R was  
13 also attenuated by silencing the expression of circRTN4 (Fig 2). After OGD/R, protein expression  
14 levels of pyroptosis markers, cleaved caspase 1 and GSDMD-N were increased compared to  
15 control group, and partially reduced upon si-circRTN4 transfection (Fig 2A). Similarly, the  
16 activities of caspase-1 and -4 were increased after OGD/R and decreased after si-circRTN4  
17 treatment (Fig 2B). The pyroptosis related-inflammatory cytokines (TNF $\alpha$ , IL-1 $\beta$ , and IL-18)  
18 showed increased levels after OGD/R treatment while inhibited after silencing of circRTN4, and  
19 the anti-inflammatory cytokine, IL-10, showed the opposite the trend (Fig 2C). These results  
20 suggested that suppression of the circRTN4 had alleviated OGD/R-induced pyroptosis in HL-1  
21 cells.  
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### 24 OGD/R induced upregulation of CircRTN4 targeting on the expression of miR-185-5p and 25 PHLPP2 in HL-1 cells. 26

27 Throughout the starBase prediction (<https://bio.tools/starbase>), the miR-185-5p was the  
28 direct target of circRTN4 (Fig 3A). HL-1 cells with luciferase reporter on circRTN4 proved that  
29 overexpression of miR-185 inhibited the luciferase activity (Fig 3B). Based on the starBase  
30 prediction, miR-185-5p directly regulated the level of PHLPP2, and the luciferase activity in HL-  
31 1 cells showed that miR-185-5p transfection inhibiting the PHLPP2 associated luciferase activity  
32 (Fig 3C). The RNA immunoprecipitation (RIP) qRT-PCR showed that HL-1 cells showed AGO2  
33 protein were more interacted with circRTN4 and miR-185 compared to the negative control (IgG  
34 group) (Fig 3D). After treatment of OGD/R, HL-1 cells showed a significant decrease in miR-185  
35 (Fig 3E), and the same downregulation was noticed after transfection of anti-miR-185-5p (Fig 3F).  
36 The protein expression level of PHLPP2 was increased after induction of OGD/R, while decreased  
37 PHLPP2 level was found after circRTN4 silencing (Fig 3G). An increased level of PHLPP2 protein  
38 was noticed in the OGD/R+si-circRTN4+miR-185-5p inhibitor group compared to the OGD/R+si-  
39 circRTN4 group (Fig 3G). The results demonstrated that miR-185 regulating the expression of  
40 PHLPP2 might be the potential signaling pathway under circRTN4 during OGD/R induced  
41 cytotoxicity.  
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### 44 CircRTN4 regulated the OGD/R-induced cytotoxicity and pyroptosis in HL-1 cells through 45 the miR-185-PHLPP2 axis. 46

47 Transfection of PHLPP2-ORF-clone showed a higher protein level of PHLPP2 compared  
48 to other showed the successful establishment of the overexpression system (Fig 4A). The cell  
49 viability of HL-1 cells was inhibited after induction of OGD/R, while knockdown of circRTN4  
50 helped to recover the cell growth (Fig 4B). Transfection of anti-miR-185 or overexpression of  
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3 PHLPP2 increased the cytotoxicity induced by OGD/R compared to the OGD/R+si-circRTN4  
4 group (Fig 4B). OGD/R induced oxidative stress in HL-1 cells were also noticed to correlate with  
5 the levels of miR-185 and PHLPP2. Silencing circRTN4 helped to decrease the ROS level while  
6 anti-miR-185 or PHLPP2 overexpression both upregulated ROS level (Fig 4C). The protein  
7 expression levels of cleaved caspase-1 and GSDMD-N were increased after OGD/R treatment,  
8 while knockdown of circRTN4 help to reduce the overexpression of both protein expressions (Fig  
9 4D). The anti-miR-185 or overexpression of PHLPP2 overcame the inhibition of cleaved  
10 caspase-1 and GSDMD-N induced by si-circRTN4 transfection (Fig 4D). The same trend among  
11 different condition groups were noticed in the activities of caspase-1 and -4 (Fig 4E). The  
12 inflammatory cytokines: TNF- $\alpha$ , IL-1 $\beta$ , and IL-18, showed increased after OGD/R, while inhibited  
13 by si-circRTN4 via miR-185-PHLPP2 axis (Fig 4F).  
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#### 16 **Inhibition of circRTN4 alleviates MIRI in mice via miR-185-PHLPP2 axis**

17 Mice challenged after ischemia and reperfusion showed increased levels of CK-MB and  
18 LDH compared to the sham group, and inhibiting the expression of circRTN4 in heart tissue helped  
19 to reduce the level of CK-MB and LDH (Fig 5A). As expected, the gene expression levels of  
20 circRTN4 and PHLPP2 were increased and decreased miR-185 gene level in the I/R group  
21 compared to sham group. The knockdown of circRTN4 helped to reduce the overexpression of  
22 circRTN4 and PHLPP2 and restored the expression of miR-185 compared to the I/R group (Fig  
23 5B). After ischemia and reperfusion, the heart tissue showed myocardial damage visualized by  
24 H&E staining, while knockdown of circRTN4 attenuated the tissue damage (Fig 5C). The serum  
25 MDA level showed increased after I/R while decreased after circRTN4 silencing (Fig 5D). The  
26 protein expressions of cleaved caspase-1 and GSDMD-N were upregulated after I/R, and  
27 circRTN4 inhibition brought down the protein levels (Fig 5E). Similarly, the activities of caspase-  
28 1 and -4 were induced after I/R and inhibited by the circRTN4 knockdown (Fig 5F). The  
29 inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , and IL-18) from mouse serum were upregulated after I/R  
30 treatment and silencing circRTN4 helped to reduce upregulated cytokin levels (Fig 5F-G). The  
31 animal experiments proved the previous in vitro results that circRTN4 silencing could be one of  
32 the therapeutic methods in MIRI induced oxidative stress, inflammation response and pyroptosis.  
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**Discussion:**

MIRI is a significant challenge in cardiovascular disease (CVD), and is currently the leading cause of CVD-induced death globally (16). It is well known that MIRI is associated with oxidative stress and inflammatory responses in the cardiovascular system, which could lead to the worsening of heart injury resulting from myocardial infarction (17, 18). CircRNAs have been shown in previous literature that correlated with MIRI development by targeting different miRNAs (19). In this manuscript, HL-1 cells showed increased expression level of circRTN4 after oxygen and glucose deprivation, and the same trend showed in the heart tissue of the mice challenged with ischemia and reperfusion. Knockdown of circRTN4 showed potential in protecting the MIRI-associated tissue damage, oxidative stress, and inflammatory responses. One possible mechanism involved with the dysregulation of circRTN4 is the miR-185-PHLPP2 axis, which shares the direct binding site of miR-185 to circRTN4, and PHLPP2 is the downstream target of miR-185.

CircRNAs have been shown that correlated with cardiomyocyte injury and cytotoxicity. Overexpression of circHIPK2 promoted cardiomyocyte apoptosis caused by oxidation via regulating the miR-485- ATG101 axis (20). Another circRNAs, circNCX1, also served as an miR-133 inhibitor in cardiomyocytes to regulate cellular apoptosis and oxidative stress (21). The overexpression of circNFXI showed potential regulation on the miR-125-TLR4 axis in regulating cellular apoptosis and oxidative stress in either cardiomyocytes or heart tissue from mice challenged by ischemia and reperfusion (22, 23). This study provided a new insight that circRTN4 regulated miR-185-PHLPP2 axis in cellular oxidative stress and inflammatory response caused by ischemia and reperfusion injury in either cardiomyocytes or *in vivo* mode. Except for the circRNAs in regulating cellular apoptosis, other circRNAs were associated with MIRI related damage. CircSAMD4A exacerbated the heart tissue damage after hypoxia and reoxygenation via regulating miR-138 expression (24). The circRNA MFACR promotes the MIRI induced tissue injury and cardiomyocytes cytotoxicity through miR-652 (25).

Similarly, circ0060745 and circ010567 exaggerated the cardiomyocyte apoptosis upon the ischemia occurrence (26, 27). Mostly reported circRNAs were positively correlated with heart tissue damage development after ischemia and reperfusion. This manuscript pointed out that inhibiting the expression of circRTN4 helped restore the level of miR-185, which inhibited the PHLPP2 transcript level and helped reduce the oxidative stress, and pyroptosis caused by lack of oxygen and nutrition. This study is the first to show circRTN4 was involved in the ischemia-induced cell apoptosis.

There is limited study on circRTN4 in CVDs, and not even one focused on how circRTN4 regulated MIRI. Although limited studies are available currently, most studies investigated the correlation of circRTN4 with miRNAs and it's downstream pathway. CircRTN4 has been shown to promote pancreatic cancer development through miR-497 expression and epithelial-mesenchymal transition (5). CircRTN4 also helped to promote neurite growth via regulating miR-24 (6). Our results showed that overexpression of circRTN4 could inhibit the cellular proliferation of cardiomyocytes and increase cell death compared to the control group. It might be the tissue or cell types differences. Also, exosomal circRTN4 secreted from mesenchymal stem cells helped to

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3 protect LPS induced inflammation and apoptosis in cardiomyocytes (7). In this manuscript,  
4 knocking down circRTN4 in cardiomyocytes helped prevent inflammation, which disagreed with  
5 previous literature. Although there is disagreement about the circRTN4 in anti-inflammatory and  
6 anti-apoptosis in cardiomyocytes, the inducer differs from the literature for our study. Ischemia  
7 induced inflammation and apoptosis could be more complicated with the involvement of multiple  
8 pathways. A thorough study is needed to understand the role of circRTN4 in inflammation and the  
9 difference in different inflammation models.  
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12 In this study, the expression of miR-185 was significantly inhibited when ischemia  
13 occurred and restored after silencing circRTN4. It has been well studied that miR-185 is a potential  
14 target in CVDs. The level of miR-185 in serum was higher in patients suffered from right  
15 ventricular cardiomyopathy (28). An elevated level of miR-185 was also observed in patients with  
16 myocardial injury and disease toward remodeling (29). Another study showed that miR-185  
17 overexpression promoted the development of myocardial fibrosis (30). However, not all the  
18 published studies demonstrated that miR-185 was upregulated during heart injury. The inhibition  
19 of miR-185 has been noticed to exacerbate the heart injury caused by infarction (13). The results  
20 provided in this study also proved that miR-185 inhibited ischemia induced injury, and inhibiting  
21 the expression of miR-185 exacerbated the damage. Another study showed that miR-185 was  
22 involved with CDK6 in MIRI induced pyroptosis, and inhibiting miR-185 expression exacerbated  
23 the heart cell apoptosis and inflammation (12). Our results agreed with the previous study that  
24 miR-185 is necessary in ischemia/reperfusion induced injury and inflammatory response, and loss  
25 of miR-185 could exaggerate the injury. Similarly, another study showed increased expression  
26 level of miR-185 helped restore the MIRI associated injury and inflammation, which agreed with  
27 the results provided in this study (31).  
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30 While the study provided valuable insights, certain limitations should be noticed. The  
31 conflict of miR-185 expression in different types of heart injury should be a concern of applying  
32 it as a potential medicine in MIRI. Additionally, exploring the downstream targets of miR-185 and  
33 circRTN4 other than PHLPP2 could help better understand the molecular mechanism and validate  
34 this finding. Some human subject samples can also help to understand the translational value of  
35 the circRTN4-miR185 axis in MIRI.  
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38 In conclusion, circRTN4 was upregulated after ischemia, and silencing of circRTN4  
39 attenuated the heart tissue injury and HL-1 cell apoptosis. Overexpression of circRTN4 after MIRI  
40 inhibited the miR-185 levels which is necessary in preventing the heart tissue injury and  
41 inflammation after MIRI (Figure 6). This manuscript presented the significance of the circRTN4-  
42 miR-185-Phlpp2 axis in cellular responses during MIRI.  
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50 **Author Declarations**  
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53 **Funding**  
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56 Not applicable.  
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3 **Conflicts of interest/Competing interests**  
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5 Every author specified that there is no interest conflict.  
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8 **Availability of data and material**  
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10 Not applicable.  
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13 **Code availability**  
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15 Not applicable.  
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18 **Authors' contributions**  
19

20 Congcong Yin and Yunbo Yan were responsible for study concept and design, acquisition of  
21 data, statistical analysis, interpretation of data, drafting of the manuscript, critical revision of the  
22 manuscript for important intellectual content, and approval of the final draft manuscript.  
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25 **Ethics approval**  
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27 This experiment was approved by the Animal Ethics Committee of the First People's  
28 Hospital of Taizhou. The study is reported in accordance with ARRIVE guidelines  
29 (https://arriveguidelines.org).  
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32 **Consent to participate**  
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34 Not applicable.  
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37 **Consent for publication**  
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39 Not applicable.  
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42 **Acknowledgements**  
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44 Not applicable.  
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3 **References**

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**Figure legends:****Figure 1: CircRTN4 silencing attenuated OGD/R induced cell viability decreasing in HL-1 cells**

QRT-PCR tested gene expression of circRTN4 in (A). HL-1 cells challenged by OGD/R for 1 day, (B). or with knocking down circRTN4 and challenged by OGD/R. (C). cell viability was tested in HL-1 cells knocked down with circRTN4 treated by OGD/R by CCK8. (D) cytotoxicity was tested in the same cell model by live/dead staining via flow cytometry. (E) Level of SOD and MDA in HL-1 cells from different groups were measured by commerical assays. Data presented as mean $\pm$ SD. (n=3, \*p<0.05, \*\*p <0.01, \*\*\*p<0.001.)

**Figure 2: CircRTN4 silencing attenuated OGD/R induced oxidative stress and inflammatory responses in HL-1 cells**

(A). The protein level of cleaved Caspase-1, GSDMD-N and GAPDH were detected by western blot in HL-1 cells challenged by OGD/R with or without knocking down circRTN4. (B) The activity of caspase-1 and -4 were tested by assay kits. (C). The TNF- $\alpha$ , IL-1 $\beta$ , IL-18, and IL-10 levels from conditioned medium were tested by ELISA. Data presented as mean $\pm$ SD. (n=3, \*p<0.05, \*\*p <0.01, \*\*\*p<0.001.)

**Figure 3: CircRTN4 targeting miR-185 to regulate the expression level of PHLPP2**

(A). Target prediction for circRTN4 to miR-185 from starBase. (B). HL-1 cells was transfected with the luciferase reporter-circRTN4 expression plasmid, and then transfected with miR-185 mimics, luciferase activity was detected by the luciferase activity kit. (C). Target prediction for miR-185 to PHLPP2, and perform the same luciferase activity assay confirmation in HL-1 cells . (D). HL-1 cells were collected, and the Ago2 and IgG were used to perform the RNA immunoprecipitation- qRT-PCR. (E). OGD/R treated HL-1 cells, and qRT-PCR was used to test the expression of miR-185. (F). Applying qRT-PCR to test the expression of miR-185 in HL-1 cells after transfecting miR-185 inhibitor. (G). HL-1 cells challenged with OGD/R with or without transfecting miR-185 inhibitor, protein was then collected and performed western blot to measure the expression level of PHLPP2. (n=3, \*p<0.05, \*\*p <0.01, \*\*\*p<0.001.)

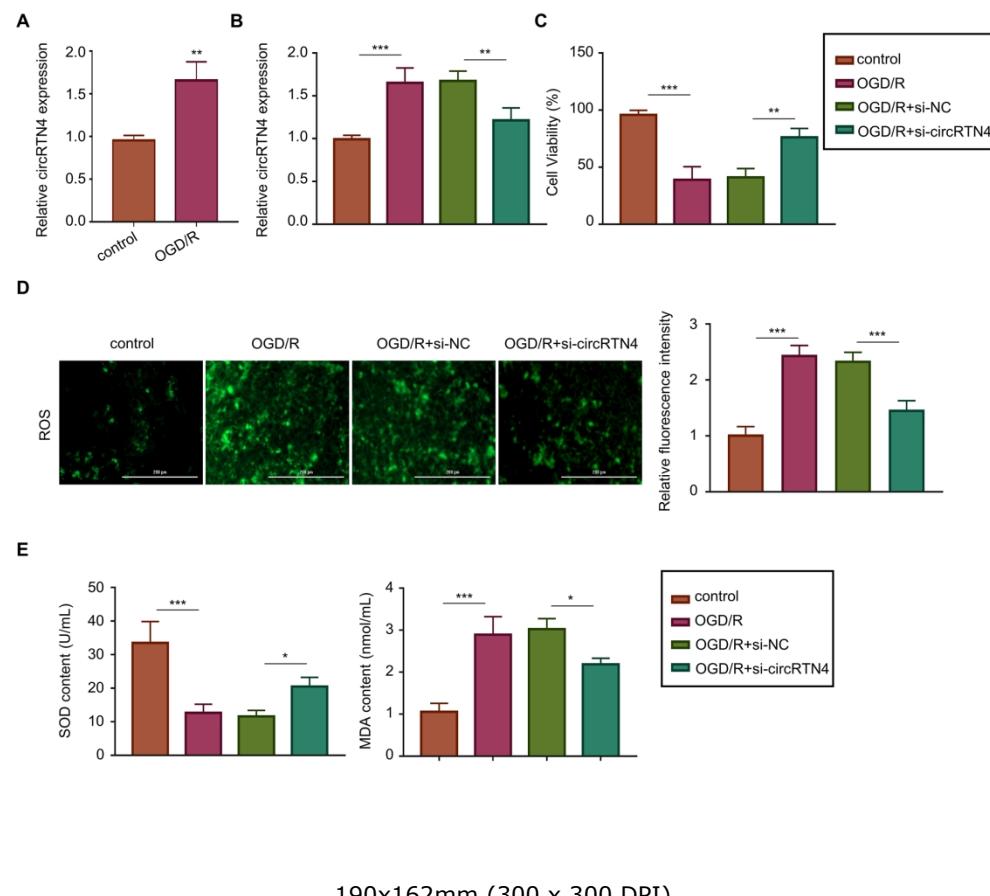
**Figure 4: Inhibition of circRTN4 attenuated cytotoxicity and inflammatory response occurred after OGD/R via miR-PHLPP2 axis**

HL-1 cells transfected with circRTN4 with or without either miR-185 inhibitor or PHLPP2 ORF-clone. (A). RNA was collected from HL-1 cells after PHLPP2 ORF-clone transfection and the RNA expression level of PHLPP2 was identified by qRT-PCR. (B). Cell viability of HL-1 cells was detected by CCK8 kit from different groups, and (C). DCFH-DA assay was used to test the level of intracellular ROS. (D). The protein expression levels of cleaved caspase-1, GSDMD-N, and GAPDH were measured by western blot. (E). The activity of caspase-1 and -4 were tested by assay kits. (F). ELISA was used to measure the cytokine levels (TNF- $\alpha$ , IL-1 $\beta$ , and IL-18). Data presented as mean $\pm$ SD. (n=3, \*p<0.05, \*\*p <0.01, \*\*\*p<0.001.)

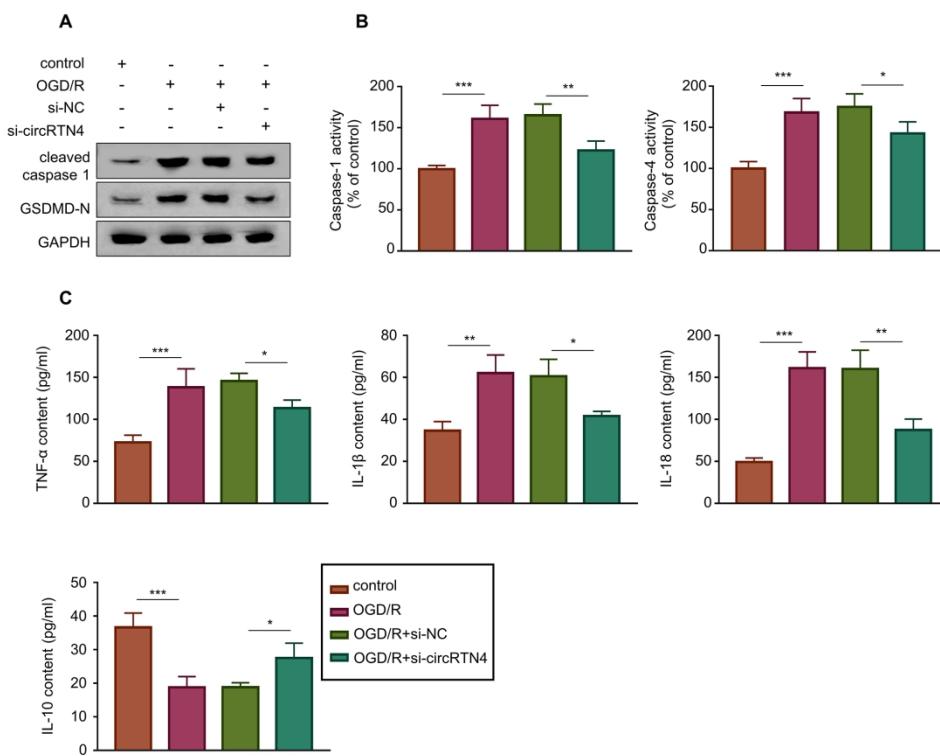
**Figure 5: CircRTN4 knockdown alleviated the heart tissue damage after ischemia-reperfusion injury**

Mice were sacrificed after MIRI procedure, heart tissue and blood were collected. (A). Enzyme activity kits were used to measure the levels of CK-MB and LDH in serum. (B). The RNA was isolated from heart tissue, and qRT-PCR was used to detect circRTN4, miR-185, and PHLPP2 gene expression levels. (C). Heart tissue was fixed, and sections from FFPE heart tissues were used to perform the H&E staining. (D) The level of MDA from mouse serum was tested by assay kit. (E) Protein isolated from heart tissue was used to test the protein expression levels of cleaved caspase-1 and GSDMD-N, and GAPDH was used as housekeeping standard. (F). The activities of caspase-1 and caspase -4 from heart tissue were tested by assay. (G). The levels of TNF- $\alpha$ , IL-1 $\beta$ , and IL-18 from mouse serum were tested by ELISA. Data presented as mean $\pm$ SD. (n=6, \*p<0.05, \*\*p <0.01, \*\*\*p<0.001.)

**Figure 6. schematic drawing showing the mechanism of this study.**

**Fig1**

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**Fig2**

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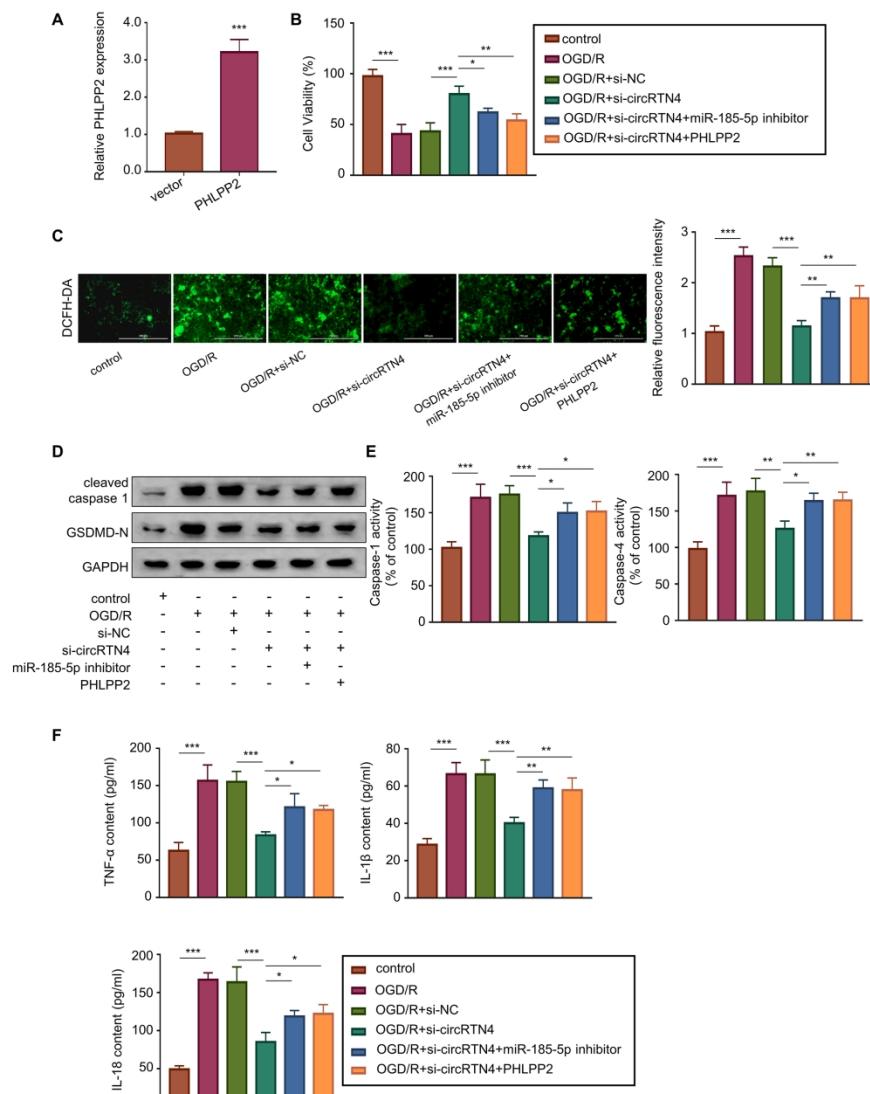
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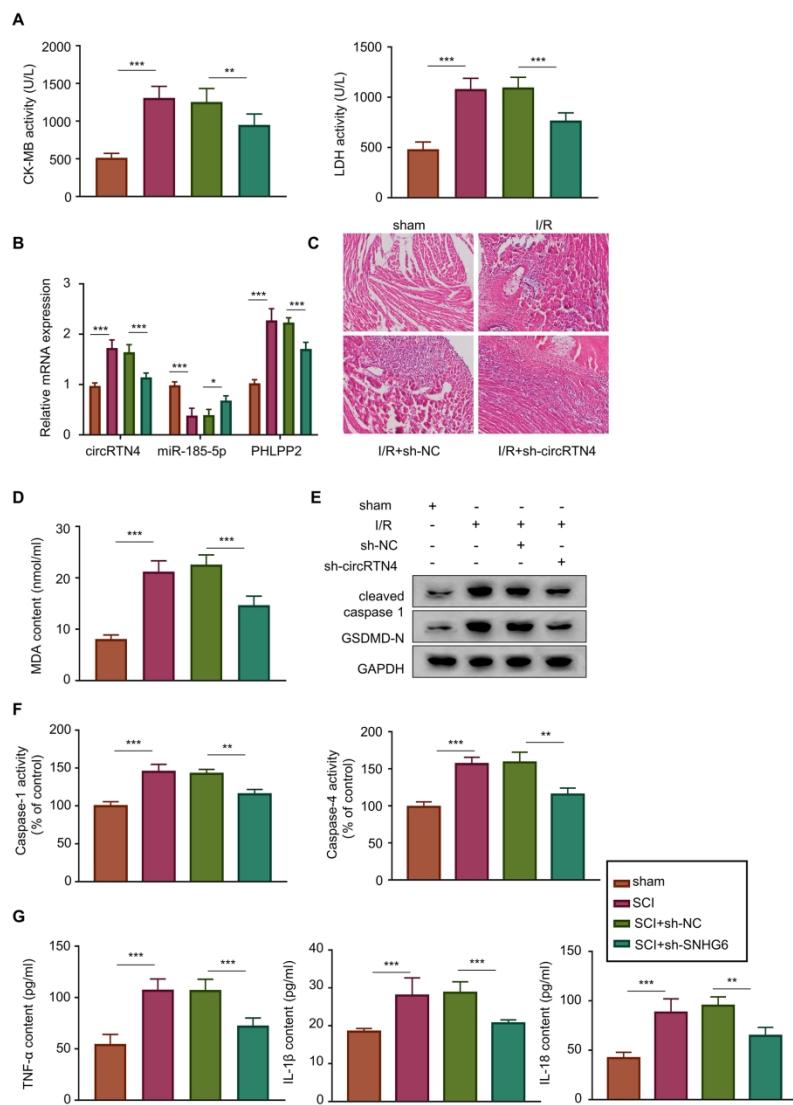
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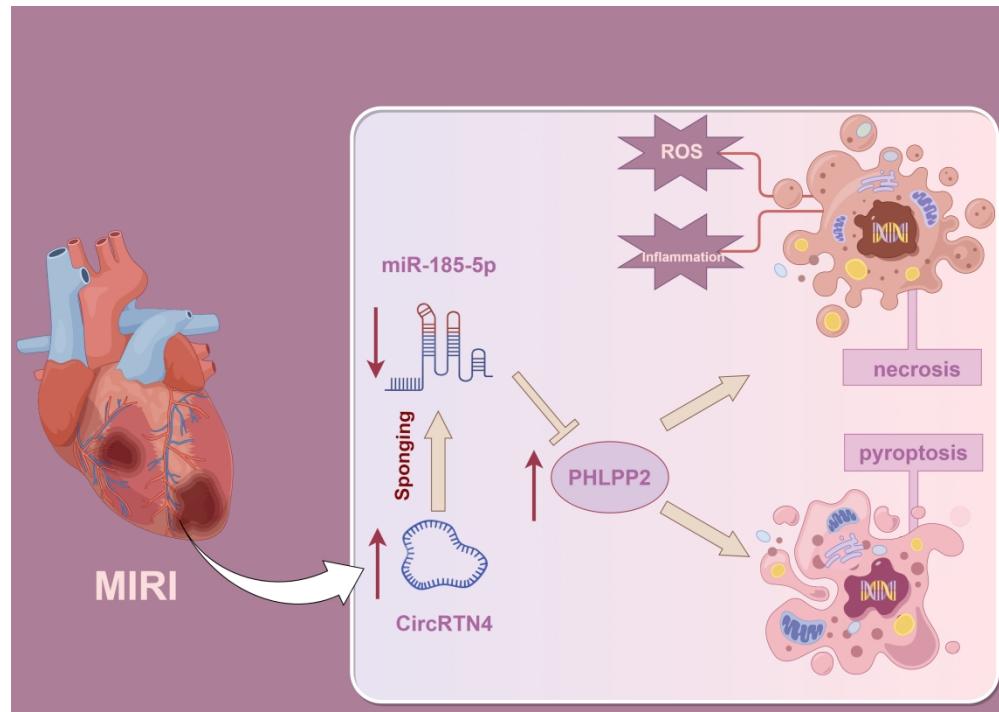
Fig4



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**Fig5**

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